

YOUTH SKATING LESSONS

Ages 4 and older

8 - 30 minute lessons, practice time and a pass to open skating sessions.

Fee: \$70.00 (Richfield residents will receive a \$5.00 discount).

Rental skates available for \$1.00 during lessons. We recommend that participants eventually have their own skates that fit properly. During Open Skating rental skates are \$2.50.

We encourage the participants to use the open skating pass to practice and improve their skating skills. The pass is valid for only one persons admission at an open skating session.

SATURDAY CLASSES:

Fall Session: Sept 24 – Nov 19, 2011
(No class October 15)
Winter Session: December 3 – Jan 28, 2012
(No class Dec 24)
Spring Session: Feb 4 – March 24, 2012

10:00 - 10:30 am Pre Beginner & Level 1
10:30 - 11:00 am Beginners & Level 2
11:00 - 11:30 am Pre Beginner & Level 3 & 4
11:00 – 11:30 am Adults
11:30 - 12:00 pm Level 5-8 & Freestyle

SUMMER CLASSES:

Tuesday June 5 – July 31, 2012
(no class July 3)

5:30 - 6:00 pm Pre Beginner, Beg. & Level 1
6:00 - 6:30 pm Level 2, 3 & 4
6:30 - 7:00 pm Level 5, 6, 7/8 & Freestyle

REGISTRATION

Registrations are accepted on a first come basis and begin 6 weeks prior to the start of each session.

**Visa/Master/Discover/Novus
credit cards accepted**

ICE SHOW

The annual Spring Ice Show will be Saturday, March 31, 2012. The show includes skating school participants and guests from the St. Paul Figure Skating Club.

Participants are expected to be enrolled in the spring skating lessons. There is a registration fee that includes 2 complimentary tickets for the ice show, costumes, 4 practice sessions and dress rehearsal Friday, March 30.

Registration forms for the ice show will be available in January. **Registration deadline is Saturday, February 25, 2012** in order to ensure costumes completed in time for ice show pictures.

Description of some skills taught at each level.

Pre-Beginner classes may have up to 10 students per instructor, other classes may have up to 12 students.

PRE-BEGINNERS (ages 4 & 5 unable to skate)

1. Stand on skates
2. Move across ice
3. Dip in place

BEGINNER (ages 6 or able to move across ice)

1. Glide on skates
2. Dip in place
3. Snowplow stop

LEVEL 1 (Completed Beginner skills)

1. Two foot glide
2. Glide forward on two feet and dip
3. Forward two-foot swizzles 6-8 in a row
4. Backward wiggles 6-8 in a row
5. Snowplow stop (two foot)

LEVEL 2

1. Continuous forward & backward slalom
2. Backward two-foot glide
3. Forward one-foot glide
4. Two-foot turn from forward to backward
5. Backward 2 foot swizzles 6-8 in a row

4. Jump combinations

LEVEL 3

1. Forward stroking showing correct use of blade
2. Forward & backward one-foot pumping on circle
3. Forward to backward 2-foot turn on circle
4. Backward 1 foot glide R & L
5. Two foot spin, 2 revolutions

LEVEL 4

1. Forward outside & inside edges, R & L
2. Forward crossovers, both directions
3. Backward snowplow stop
4. Forward outside 3 turn R & L

LEVEL 5

1. Back outside & inside edges R & L
2. Back crossovers, both directions
3. T-stop, R & L
4. One foot spin, 3 revolutions

LEVEL 6

1. Forward inside 3 turn R & L
2. Hockey stop
3. Bunny hop
4. Spiral & lunge R & L

LEVEL 7 & 8

1. Forward inside mohawk
2. Moving forward outside & inside 3 turns
3. Ballet jump and waltz jump
4. Forward inside pivots
5. Beginning scratch spin

FREESTYLE I

1. Advanced forward stroking
2. Scratch spin from back crossovers
3. Waltz jump from back crossovers
4. ½ flip
5. Back outside 3 turn R & L

FREESTYLE 2

1. Forward outside & inside spirals R & L
2. Toe loop
3. Waltz threes R & L
4. Beginning back spin, 1-2 revolutions

ADVANCED FREESTYLE

1. Loop, flip & lutz jumps
2. Sit spin, camel spin, back spin
3. Footwork

RICHFIELD ICE ARENA
636 East 66th Street
Richfield, Minnesota 55423



FALL 2011
- SUMMER 2012

RICHFIELD
SKATING SCHOOL



636 East 66th Street
Richfield, Minnesota 55423
(612) 861-9350
Fax (612) 861-9353
www.cityofrichfield.org/recreation

2011 – 2012 SKATING LESSON MAIL IN REGISTRATION FORM

MAIL TO: Richfield Ice Arena, 636 East 66th Street, Richfield, MN 55423

NAME _____ HOME PHONE _____

ADDRESS _____ CITY _____ ZIP _____

AGE _____ GENDER: MALE _____ FEMALE _____ FEE _____

CLASS _____ STARTING DATE _____ TIME _____

Credit Cards. . . Visa __ Master __ Discover __ Novus __ Card No. _____ Exp. date _____

The undersigned understands that participation in this activity is completely voluntary and that the activity is being offered for the benefit of the participant. The undersigned agrees that the city shall not be liable for any claims, injuries, damages, of whatever nature incurred by the participant due to the passive or active negligence of the city, its agents or employees, arising out of, or connected with, the activity.

On behalf of himself/herself and the participants, the undersigned expressly forever releases and discharges the city, its agents or employees, from any such claims, injuries, or damages.

_____ Dated _____ Parent/Guardian/Participant _____ Work/Cell Phone _____